

Save on hundreds of everyday products.

As a member of a Blue Cross® Blue Shield® of Arizona (BCBSAZ) BluePathway (HMO) or BlueJourney (PPO) Medicare Advantage Plan, you have a quarterly over-the-counter (OTC) benefit, which allows you to purchase OTC products you may need. The OTC Catalog contains hundreds of products to choose from and includes detailed instructions on how you can place your order—online, by phone, or through mail order.*

Some of the OTC products available to you include:

ALLERGY (allergy tablets, nasal spray)	FIRST AID (antibiotic ointment, first-aid kit)
ANTACIDS & ACID REDUCERS (antacid chewables, gas relief)	INCONTINENCE SUPPLIES (disposable underwear, barrier cream)
ANTI-FUNGAL (hydrocortisone cream, foot spray)	MOTION SICKNESS (motion sickness tablets, meclizine HCL)
COLD & FLU (cough syrup, expectorant)	PAIN RELIEVERS & FEVER REDUCERS (ibuprofen, naproxen sodium)
DENTAL & DENTURE CARE (denture cream, toothbrushes)	SKIN & SUN CARE (moisturizing lotion, sunscreen)
DIABETES CARE (diabetic socks, glucose tablets)	SUPPORTS & BRACES (knee stabilizer, elbow support)
EYE & EAR CARE (eye drops, ear wax remover)	VITAMINS & MINERALS (vitamin B-12, fish oil)

For up-to-date information

Please call our Member Services number at **480-937-0409** (in Arizona) or toll-free at **1-800-446-8331**, Monday through Friday from 8 a.m. to 8 p.m.

Blue Cross® Blue Shield® of Arizona is contracted with Medicare to offer HMO and PPO Medicare Advantage plans and PDP plans. Enrollment in Blue Cross® Blue Shield® of Arizona plans depends on contract renewal. Please contact our Member Services number at 480-937-0409 (in Arizona) or toll-free at 1-800-446-8331 for additional information. (TTY users should call 711.) Hours are 8 a.m. to 8 p.m., Monday through Friday from April 1 to September 30; and 7 days a week from October 1 to March 31.

* The BCBSAZ OTC program is offered online, by phone, or through mail order only. Items purchased at a retail store are not eligible for the BCBSAZ OTC program.