

Over-the-Counter Benefit

SAVE ON HUNDREDS OF EVERYDAY PRODUCTS

As a member of a Blue Cross® Blue Shield® of Arizona (BCBSAZ) BluePathway (HMO) or BlueJourney (PPO) Medicare Advantage plans, you have a quarterly over-the-counter (OTC) benefit, which allows you to order OTC products at no cost to you.

Once enrolled, you will receive the OTC catalog, which includes hundreds of products to choose from and instructions on how you can place your order—online, by phone, or through mail order.* Call **855-435-5160, TTY: 711** to request copies of the catalog.

Some of the OTC products available to you include:



ALLERGY (allergy tablets, nasal spray)	FIRST AID (antibiotic ointment, first-aid kit)
ANTACIDS & ACID REDUCERS (antacid chewables, gas relief)	INCONTINENCE SUPPLIES (disposable underwear, barrier cream)
COLD & FLU (cough syrup, expectorant)	PAIN RELIEVERS & FEVER REDUCERS (ibuprofen, naproxen sodium)
DENTAL & DENTURE CARE (denture cream, toothbrushes)	SKIN & SUN CARE (moisturizing lotion, sunscreen)
DIABETES CARE (diabetic socks, glucose tablets)	SUPPORTS & BRACES (knee stabilizer, elbow support)
EYE & EAR CARE (eye drops, ear wax remover)	VITAMINS & MINERALS (vitamin B-12, fish oil)

*Items purchased at a retail store are not eligible for the BCBSAZ OTC program.

For up-to-date information, call

480-937-0409 (in Arizona) or toll-free at **1-800-446-8331 TTY: 711**

We're here for you:

8 a.m. to 8 p.m., October 1 – March 31: **Daily**

April 1 – September 30: **Monday – Friday**

BCBSAZ is contracted with Medicare to offer HMO and PPO Medicare Advantage plans and PDP plans. Enrollment in BCBSAZ plans depends on contract renewal.